



**LONDON
GENERAL
PRACTICE**

LEADERS IN
MEDICAL EXCELLENCE

ADVANCED SCREENING

Advanced Screening provides the most sophisticated and comprehensive screening available. It not only assesses your cardiovascular health, stroke risk and the health of your vital organs but also helps detect the early signs of heart disease and cancer. By detecting disease early, consultants can take action to limit the progression of the disease and improve chances of survival. This option is for those wanting the most in-depth health assessment available.

A range of tests and techniques covering cardiovascular health, female and male cancer checks and a health assessment of your vital organs.

The core package, which could include a choice of 'add-on' tests that will be recommended based on your own personal risk factors, results of your previous tests and genuine clinical needs. Additional tests may include CT scanning, MRI ultrasound, mammogram or virtual colonoscopy.

YOUR APPOINTMENT INCLUDES THE FOLLOWING:

- + A comprehensive assessment of physical and mental health, a complete lifestyle review and a detailed family history to establish risk factors
- + A thorough physical examination by one of our experienced physicians
- + Comprehensive Blood Tests including:
 - Full blood count (Haemoglobin, white cell count & platelets)
 - Liver function
 - Kidney function
 - Electrolytes
 - Full lipid panel (Total cholesterol, HDL/LDL/Triglycerides)
 - Marker of inflammation
 - Ferritin (marker of Iron levels)
 - Fasting glucose to identify diabetes
 - Bone profile including calcium levels
 - Uric acid (marker of gout)
 - Vitamin D
 - Vitamin B-12 & Folate profile
 - Thyroid function
- + Urine Analysis (10 parameters) & Expanded Urine testing
- + ECG - A non-invasive test that provides information about your cardiac health
- + Vitalograph - lung function (infection control permitting)
- + Female:
 - Breast examination
 - Contraceptive, Pregnancy and Menopause advice
 - HPV Cervical Screen
 - Ovarian cancer tumor marker (Ca-125)
- + Male:
 - Testicular and Prostate examination
 - Prostate cancer tumor marker - PSA

On arrival at The London General Practice, the Practice Nurse, will perform a series of tests including:

- + Height and weight- to calculate BMI
- + Blood Pressure - to check for hypertension
- + Urinalysis - to check the urine for ten different parameters
- + ECG - to analyse heart rhythm and check heart function
- + Vitalograph spirometer - to test lung function
- + Visual test - to check eyesight and for color blindness
- + Stressometer - to assess your current mental health

Following your tests, your doctor will undertake a thorough physical examination and talk through your medical history, and that of your family to identify potential problems.

Once all of the test results are available, you will receive a detailed report giving you a clear understanding of your current health.

Your Doctor will also give you advice and guidance on how to maintain your health and wellbeing, and what behaviors you may need to change to reduce the risk of disease.

Report: Full comprehensive report

Cost: £2,571

Duration: 30 min telephone consultation with a doctor prior to the appointment to discuss bespoke package, additional tests, and /or scans

90 minutes in clinic appointment

30 minutes follow up consultation with your doctor